



**FRISCO FEST**  
**7th ANNUAL**  
**Frisco Fest Run**  
**Sunday, March 7th, 2010**  
**1 MILE RUN 8:30 a.m.**  
**5 k RUN 9:00 a.m.**

Visit our webpage [www.sanfranciscoplantation.org](http://www.sanfranciscoplantation.org) for map.

**PLACE:** San Francisco Plantation  
 2464 River Road  
 Garyville, LA 70051

**RACE AMENTIES:**  
 A custom T-Shirt, Food, Cold Beer, Free Admission to browse around the Fest  
 Featuring Crafts, Food & Entertainment

**Prizes:**  
 1 Mile – 1<sup>st</sup>, 2<sup>nd</sup>, Men & Women  
                   1<sup>st</sup>, 2<sup>nd</sup>, Children 12 & under  
 5 k - Overall Men & Women  
           1<sup>st</sup>, 2<sup>nd</sup>, Men & Women  
                   13 – 25, 26 – 35, 36 – 49,  
                   50 – 59, 60 over  
           1<sup>st</sup>, 2<sup>nd</sup>, Children 12 & under

**REGISTRATION LOCATION:**  
 Mail application & check to:  
 Frisco Fest Run  
 C/O Kim Fontenot  
 P. O. Box 950  
 Garyville, LA 70051

**For Information Call:**  
 Plantation Office- 985-535-2341  
 Mike Williams - 985-652-6378  
 Greg Maurin - 985-652-7058

*All entry fees non-refundable*

**COURSE:**  
 Scenic River Road & top the Levee

**ENTRY FEE:**  
 \$12.00 before February 26; \$15.00 after  
 Age 12 & under Free

**FRISCO FEST RUN**                      **AMOUNT PAID**  
 March 2, 2008                              \$ \_\_\_\_\_

<b>Last Name:</b>	<b>First Name:</b>	<b>Phone:</b>	<b>Age on Race Day:</b>
<b>Mailing Address:</b>	<b>Sex</b>	<b>Shirt Size:</b> Small    Medium    Large    X Large	
<b>City:</b>	<b>State:</b>	<b>Zip:</b>	

I know that running a road race is potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all the risks associated with running in this event, not limited to fall, contact with other participants, the effects of weather, including high heat and/or humidity, traffic and other conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I for myself and anyone entitled to act on my behalf, waive and release the Marathon Petroleum, San Francisco Plantation and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose.

**SIGNATURE:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

**SIGNATURE:** \_\_\_\_\_ *(Signature of Adult Required when Applicant is under 18)*